

STANDARDS FOR CLINICAL PASTORAL ORIENTATION (CPO) for CPSP-Philippines

2017

1. Overview

Clinical Pastoral Orientation (CPO) is a program available for those who have not taken Clinical Pastoral Education/Training. It has reduced hours and requirements compared to CPE/T but mimics in many ways the learning process associated with that program. It is designed primarily for three types of individuals.

- Seminarians or Bible School students who can take this course much like other courses in the school curriculum during normal semesters or quarters.
- Individuals curious about CPE but desire a “taste” of the program before being ready to commit to the full program.
- Laypersons or those in ministry who seek to gain from the experience of CPE but are unable to be involved with the full program.

The program will maintain the learning structure of Clinical Pastoral Education.

2. CPO Facilitator

To serve as a certified CPO facilitator, the following standards must be met:

- The facilitator must have completed at least 2 full units of Clinical Pastoral Education (CPE). Exceptions, such as co-facilitators each having completed one full unit, or a single facilitator having completed one full unit and presently active in a second unit, may be considered on a case-by-case-basis.
- The facilitator is being supervised. If the facilitator is a full Supervisor, he or she will have peer supervision within chapter life. If the facilitator is a Supervisor-in-Training, (SIT), the supervisor must be a Supervisor (Diplomate). For those who are not yet an SIT, supervision will normally be a Supervisor, although an SIT may be considered, again on a case-by-case basis.
- The facilitator will agree to abide by the standards, including ethical standards, of CPSP-Philippines, and the specific standards for the CPO program.
- The facilitator is recommended by a Supervisor to handle the program.

3. CPO Facilities

The CPO program has some minimum standards with regards to facilities:

- A room must be available that is quiet and conducive for group learning. Groups would

normally involve 4-9 people placed in a circular formation. Larger groups are possible as long as case presentations are done in smaller groups by the facilitator.

- Books and training materials are available for the trainees that relate to pastoral care and chaplaincy. The amount needed is not strictly set but will be evaluated per site.
- A hospital ministry site is available for trainees to serve. Permission must be given by the hospital for the trainees to minister. Other types of ministry sites are optional, and encouraged, but a hospital is required.

4. Program Requirements

All details for the program are not given here. First, many aspects follow what is done in CPE, and the facilitator is to be well familiar with this. Second, CPSP-Philippines has a recommended syllabus as well as training materials that are welcome to be used by facilitators. However, the following requirements are to be followed:

- The five learning parts of CPE are to be followed-- didactic, group work relations, case presentation, practical ministry, individual supervision.
- The hours required is to be determined based on the facilitator, but should be 70-100 hours total, including 30-50 hours of group time and 3-5 hours of individual supervision.
- Group size is normally the facilitator and 3-8 trainees. Larger groups can exist for the didactics, but smaller groups are needed for group work and case presentation.
- Each trainee will create three cases-- at least two presented before the group. The third can be presented in individual supervision, if so desired by the facilitator. At least one of the cases should be hospital-based.
- There should be 3-5 one hour individual supervisions. One should establish the personal goals of the trainee, and one should involve a final evaluation.

5. Other Limitations

- Some CPO programs may be associated with a Bible School or Seminary, and may be taken as a credit course with such a school. The program is designed to work into the normal schedule of many such schools as a 2 credit or 3 credit course. The program will abide by the standards of the school, as long as the standards or CPO are not violated. If an agreement between the program and the school cannot be negotiated, CPO can still be held, but not with school credit. An agreement would normally be in writing.
- Some who complete CPO may wish to continue into CPE, and may seek to use hours and requirements towards CPE units. This would not be normally done. There are some circumstances, however, where it may be possible.
 - The facilitator is SIT or Supervisor.
 - The facilitator recommends that the trainees hours and or requirements can be used towards a unit of CPE.
 - There is no double-dipping. One cannot get credit at a Bible School and

Seminary for BOTH CPE and CPO if the requirements of one is used towards the other. Likewise, one cannot receive a certificate from CPSP-Philippines for both CPO and for a unit of CPE that utilizes the requirements from CPO.

6. Certification/Accreditation

Those interested in establishing a CPO program will, at a minimum, establish the following steps:

- The potential facilitator will express intent to establish a CPO program to CPSP-Philippines. The materials provided to CPSP-Philippines include:
 - Evidence of adequate CPE training of the facilitator or facilitators.
 - Description of the program including the facilities, timeframe of the program and training plan.
 - If CPO is tied to a Bible School of Seminary program, provide information as to that program and how CPO will be modified, as well as credited, in that program.
- Documentation from the person intending to supervise the CPO facilitator expressing credentials, and plan for supervision.

If the credentials of the one applying is found acceptable, a certificate will be given to the facilitator to facilitate CPO.

This certificate will only be provided to those who have not already been approved as SIT or Supervisor. SITs and Supervisors are already considered certified and competent to run a CPO program.

If the program is found acceptable, a letter will be given by CPSP-Philippines that authorizes commencement of the program. This letter will normally only be given once for a CPO program.

Facilitators are strongly encouraged to provide certificates of completion of CPO to those who have completed all requirements. A standard template for such a certificate may be requested. Such certificates should be signed by both the facilitator and the supervisor of the facilitator. Additionally, a unit verification sheet should be sent to the registrar of CPSP-Philippines for proper tracking of those who completed CPO.